



## **COMMUNITY HEALTH PROGRAM BY GCDE**

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**[www.gcde.org](http://www.gcde.org)**

# FISTULA&CLEFT

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**Fistula - Female cases**

**Cleft/Palate – Female and Female cases**

# FISTULA IN TANZANIA

Obstetric fistula is a physically disabling obstetric complication that affects about 3,000 women in Tanzania every year. The fistula, an opening that forms between the vagina and the bladder and/or the rectum, is most frequently caused by unattended prolonged labour, often associated with delays in seeking and receiving appropriate and adequate birth care.

# CLEFT/PALATE

A cleft is an opening in the lip, the roof of the mouth or the soft tissue in the back of the mouth. A cleft lip may be accompanied by an opening in the bones of the upper jaw and/or the upper gum. A cleft palate occurs when the two sides of a palate do not join together, resulting in an opening in the roof of the mouth. A cleft lip and palate can occur on one side or both sides. A child can suffer from a cleft lip, a cleft palate or both.

# Codes and categories from content analysis of birthing experiences of women affected by obstetric fistula

Category	Deciding where to give birth	Struggling to reach a health facility	Waiting at health facility	Receiving unskilled care
Codes	<ul style="list-style-type: none"> <li>-Had no money</li> <li>-Husband and mother in-laws decided to wait</li> <li>-Afraid of embarrassment</li> <li>-Parents told me to wait</li> <li>-Birth care sought from TBAs</li> </ul>	<ul style="list-style-type: none"> <li>-Facilities too far</li> <li>-No transport</li> <li>-No fare for transport</li> <li>-Walked for many hours</li> <li>-Bad roads-rainy season</li> </ul>	<ul style="list-style-type: none"> <li>-Assisted by relatives</li> <li>-Cared by TBAs</li> <li>-Waited for many hours</li> <li>-No doctor or medical assistant to give referral letter</li> <li>-Felt alone</li> <li>-Fear of death</li> <li>-No ambulance</li> </ul>	<ul style="list-style-type: none"> <li>-Blocked mouth</li> <li>-Exerting pressure on the abdomen</li> <li>-Tightened legs</li> <li>-Slapped</li> <li>-Forced to push</li> <li>-Felt severe pain</li> <li>-Referred in critical condition</li> </ul>

# FISTULA CAUSES IN TANZANIA

- Home delivering that cause birth injuries
- an adequate birth services
- Unattended prolonged labour that associated with delays
- Early marriage

# CASES SUPPORTED: JAN – MARCH 2016

- Sesilia January Kitupi 26 years - Fistula
- Rodesia Kabenze Mkea 30 years - Fistula
- Elizabeth John 24 years - Fistula
- Ester Edward Kanyeta 34 years - Cleft
- Ester Richard 24 years – Fistula
- Sarah John Jilala 20 years – Fistula

# ARCHIEVEMENTS .

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- Increasing number of the cases being supported for surgery both fistula and cleft
- Good collaboration that exist between CCBRT and GCDE
- Good collaboration that exist between health centres, ambassadors and GCDE



# PROGRAM CHALLENGES

- Fund to coordinate training and workshop
- Ignorance among of the community
- Fund to motivate fistula and cleft ambassadors

# PROGRAM WAY FORWARD

- To raise fund from donors that will keep program operate
- To conduct community sensitization meetings
- To motivate ambassadors through workshop and other trainings that based on business and entrepreneurship
- To refer more fistula and cleft cases for surgery

# All three had a fistula cases bellow their photos are bus tickets S'nga - Dar

Rodasia Kabenze Mkea 30yrs



<b>MAJINJAH Special</b> <small>P.O. BOX 747, DAR ES SALAAM</small> <small>TEL. 0764 931370 - MBEYA, 0764 777555 - S'WANGA, 0752-730770 - DAR ES SALAAM</small>		No. <b>1429</b>
JINA LA ASIRIA (PASSENGER'S NAME) <b>RODASIA KABENZE</b>		
KUTOKA (FROM) <b>SBA</b>	KIVENGA (TO) <b>DAR</b>	SEAT NO. <b>G-1</b>
TAREHE YA KUTOLEWA (DATE OF ISSUE) <b>2011/06/16</b>	TAREHE YA SAFARI (DATE OF TRAVEL) <b>2011/06/16</b>	NAULI (FARE) <b>55000</b>
MUDA WA KURIPOTI (REPORTING TIME) <b>11:30</b>	MUDA WA KUONDOKA (DEPARTING TIME) <b>12:00</b>	TIR. 101-514-053
SAVIRI (SIGNATURE) <b>eser SAFARI NJEMA</b>		

Ester Richard 24 yrs



<b>MAJINJAH Special</b> <small>P.O. BOX 747, DAR ES SALAAM</small> <small>TEL. 0764 931370 - MBEYA, 0764 777555 - S'WANGA, 0752-730770 - DAR ES SALAAM</small>		No. <b>1966</b>
JINA LA ASIRIA (PASSENGER'S NAME) <b>ESTER RICHARD</b>		
KUTOKA (FROM) <b>SBA</b>	KIVENGA (TO) <b>DAR</b>	SEAT NO. <b>H-3-16</b>
TAREHE YA KUTOLEWA (DATE OF ISSUE) <b>10/06/11</b>	TAREHE YA SAFARI (DATE OF TRAVEL) <b>11-8-16</b>	NAULI (FARE) <b>55000</b>
MUDA WA KURIPOTI (REPORTING TIME) <b>11:30</b>	MUDA WA KUONDOKA (DEPARTING TIME) <b>12:00</b>	TIR. 101-514-053
SAVIRI (SIGNATURE) <b>SAFARI NJEMA</b>		

Cesilia Januali Kitup 26 yrs



<b>MAJINJAH Special</b> <small>P.O. BOX 747, DAR ES SALAAM</small> <small>TEL. 0764 931370 - MBEYA, 0764 777555 - S'WANGA, 0752-730770 - DAR ES SALAAM</small>		No. <b>582</b>
JINA LA ASIRIA (PASSENGER'S NAME) <b>CESILIA KITUPI</b>		
KUTOKA (FROM) <b>SBA</b>	KIVENGA (TO) <b>DAR</b>	SEAT NO. <b>F-1</b>
TAREHE YA KUTOLEWA (DATE OF ISSUE) <b>18/11/2016</b>	TAREHE YA SAFARI (DATE OF TRAVEL) <b>19/11/2016</b>	NAULI (FARE) <b>55000</b>
MUDA WA KURIPOTI (REPORTING TIME) <b>11:30</b>	MUDA WA KUONDOKA (DEPARTING TIME) <b>12:00</b>	TIR. 101-514-053
SAVIRI (SIGNATURE) <b>SAFARI NJEMA</b>		

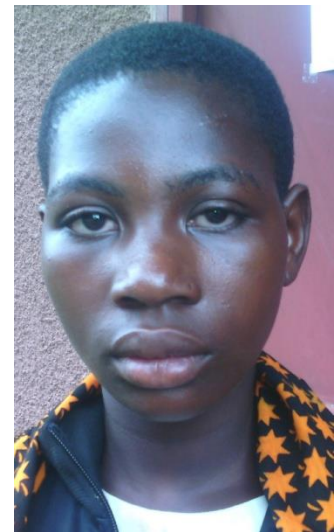
# GROUP PHOTO WITH GCDE EXECUTIVE DIRECTOR



Ester Richard was accompanied by her mother before she left to Dar for surgery - Fistula case



Tatu Lespisi 16 yrs- Fistula case





# Group photos - Executive Director, 2 ambassadors with their patient before leaving for surgery

Father with her daughter they came to thanks GCDE for the support





# GROUP PHOTO WITH GCDE EXECUTIVE DIRECTOR



Tatu Lespis Kaunda 16 yrs fistula case, she was accompanied by her mother



This person has not yet gone for surgery



<b>MAJINJAH Special</b> 1140			
TEL: 0764 831310 - MBEYA, 0764 777553 - SWANZA, 0750/30776 - DAR ES SALAAM			
JINA LA ADIRIA (PASSENGER'S NAME) <b>SALAH JOHN JILALA</b>			
KUTOKA (FROM) <b>SBA</b>	KIVENEA (TO) <b>DAR</b>	SEATING <b>D-2</b>	
TAREHE YA KUTOLEWA (DATE OF ISSUE) <b>22/3/16</b>	TAREHE YA SAFARI (DATE OF TRAVEL) <b>23/3/16</b>	MAULI FARE <b>5520</b>	
MUGA NA KURUPOTO (RETURNING TIME) <b>11:30</b>	MUDA YA KUTOKOFA (DEPARTING TIME) <b>12:00</b>	T. 572 DDH	
SAFARI NJEMA			



# Group photos - Executive Director, 2 ambassadors with their patient before leaving for surgery Dec 2015



Given Sindano 10 month 2ys before and after surgery



Emanuel Sijaona 15yrs before and after surgery



Tibus Seleman fistula case



# BLESSING AND MORE THANKS TO:-

- Those who supported this program from the beginning
  - To those who wish to join us by donating this program
  - To any who concern in one way or another
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- **Prepared by:**
  - **GCDE Team in Tanzania**